

**Sport is my Motto.**

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**"A sound mind is  
in a sound body"  
ancient Greek**

Match the words in English and in Russian.

Roller-skating Катание на роликах

Skiing Плавание

Swimming Гибкий

Hiking Велоспорт

Cycling Катание на коньках

Skating Катание на лыжах

Tournament Горный туризм

Improve Мускулы

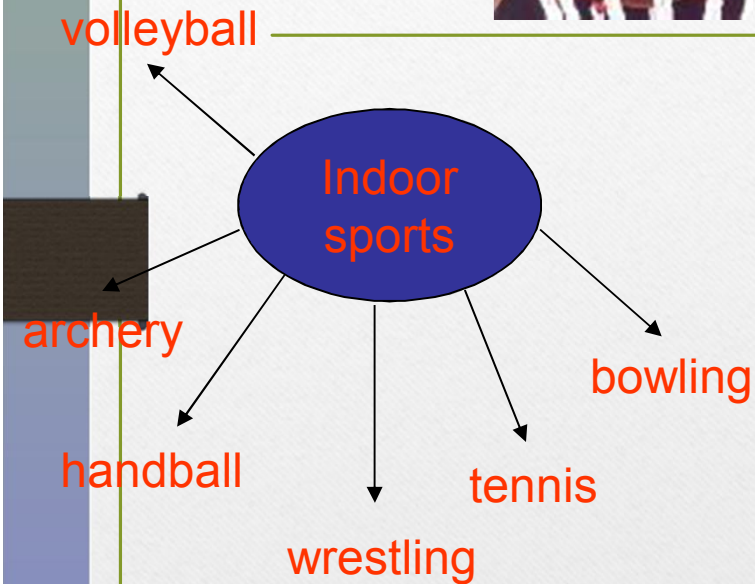
Keep fit Улучшать

Muscles Турнир

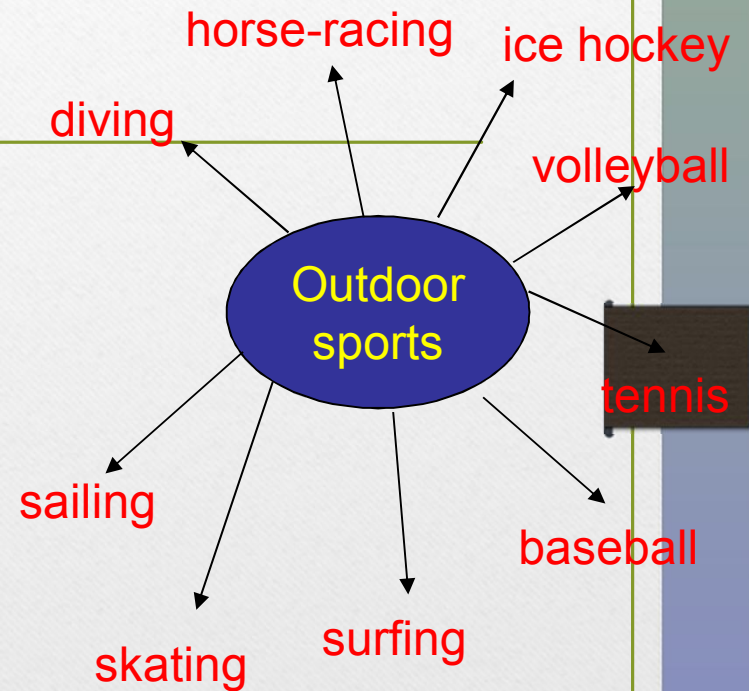




# Group these activities into indoor and outdoor sports.



- sailing
- skating
- surfing
- baseball
- diving
- bowling
- tennis
- handball
- horse-racing
- wrestling
- ice hockey
- archery
- volleyball



What kinds of sports are popular in Russia?



football

skating



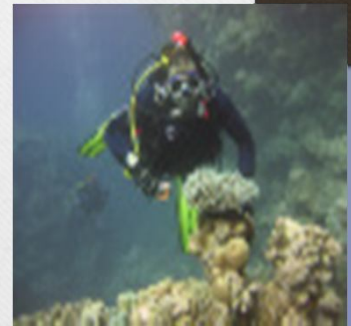
hockey





# Answer the questions:

- Are you against or for sports?
- Do you prefer going in for sports or watching it on TV?
- Is sport a part of our everyday life?
- Is sport important to you?
- What is your favorite kind of sport?
- Who is the best sportsman in your class?





## How do we call people who:



- play football

**footballer**

- cricket

**batsman**

- tennis

**tennis player**

- go swimming

**swimmer**

- jumping

**jumper**

- running

**runner**

- windsurfing

**surfer**

- ride a bike

**cyclist**





Complete the chart by matching each sport with the place and equipment which go with it.

- boots
- costume
- pool
- ring
- slope
- skis
- boat
- racket
- stadium
- rink
- oar rod
- court
- ball
- gloves
- river
- alley
- pitch
- hoop



sport	place	equipment
football	pitch	boots
boxing	ring	gloves
skiing	slope	skis
basketball	stadium	ball
tennis	court	racket
ice-skating	rink	hoop
rowing	river	boat
fisting	alley	oar rod
swimming	pool	costume

**Guess what kind of sports it is. Translate the sentences into Russian.**

- It is a game for two or four players who hit a ball with rackets across a net.
- It is a summer game played on a grass field by two teams with a ball, bats and wickets.
- It is a game played by two or four persons with a small hard ball which is struck with clubs into holes.
- It is a way of traveling or going on foot.
- It is a team game played with oval ball.
- It is a game played on a table using round wood bats and a small plastic ball.





Write the correct name of the day under each bag.



On Mondays



On Wednesdays

On Saturday  
and Sunday  
mornings



Every day



On Mondays



On Friday evening



On Sunday  
afternoon

**Sports**  
**in**

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**Russia**

*and*

**our school**



Sing a song

# sports for everybody

I go out cycling every day,  
I get strong and hart that way,  
And I play football at weekends,  
With all my other healthy friends.  
We like to run and swim and walk  
Let's move around, no time to talk!  
So we enjoy sport anyway,  
We love to do sport every day.

If the weather is OK,  
We can go fishing all the day.  
We can jog around the park,  
It's very good for the heart.  
Yes, we like to swim and run and walk,  
Let's move around, no time to talk!  
So we enjoy sport anyway,  
We love to do sport every day.



## *Chorus*

Yes there are sports for everybody.  
You don't have to stay in and watch  
television.  
Choose a healthy hobby.  
The fun never ends when you play  
with your friends.  
With your friends,  
When you play with your friends.